

1. Know your purpose



Who is the audience?



What's your point?



Why should they care?

2. Pick a personal story (work or non-work)



Triumph (winning, success)



Tragedy (loss, regret)



Tension (choices, conflict)



Transition (change, move)

3. Tell the story using a structure









Always remember



Link the story back to work



Use everyday simple language



Prepare & practice